

A photograph of children in a play area. In the foreground, a young child with brown hair is focused on coloring. To the right, another child is partially visible, also coloring. In the background, other children are playing on equipment. The scene is brightly lit and colorful.

## **Plus Membership**

- 1. BFit KIDS** (Ages 6 weeks - 10 years)
- 2. GYM ACCESS** (Ages 11-18)
- 3. FREE TRAINER ORIENTATION** (Ages 11-18)

***Helping kids be fit & have fun!***

### **BFit KIDS (6 wks - 10 yrs):**

#### **HOURS:**

- Mon-Sat 8am - 12noon
- Mon-Thurs 4pm - 8pm

#### **PRICING:**

- **Plus Membership:** \$25/month for all kids in household 18 & under (includes BFit Kids)
- **Daily Rate:** \$7 for 1st child, \$3 each additional child

#### **DETAILS:**

- Provides supervised play for up to 2 hrs for kids ages 6 weeks - 10 years
- Does not include feeding or changing diapers (food not permitted in BFit Kids area)

### **Ages 11-18:**

See options on next page!



# PLUS MEMBER ACCESS

	<b>Basketball</b>	<b>Pool</b>	<b>Weights/Cardio/ Group Classes</b>
<b>10 &amp; under</b>	<i>With Adult Supervision</i>	<i>With Adult Supervision</i>	<b>No Access</b>
<b>11-13</b>	<i>Full Access</i>	<i>With Adult Supervision</i>	<i>With Adult Supervision*</i>
<b>14-18</b>	<i>Full Access</i>	<i>Full Access</i>	<i>Full Access**</i>



- \* Must complete complimentary trainer orientation before using weight & cardio equipment
- \*\* Complimentary trainer orientation recommended but not required
- Kids under age 16 may not enter gym after 10 p.m. and must exit by midnight
- Must be age 16+ to use HydroMassage
- Must be age 18+ to use sauna and/or steam room

## **Trainer**

### **Orientation:**

Complimentary trainer orientation provided for kids 11-18 to cover fitness, gym etiquette, and correct use of weight & cardio equipment.