

A photograph of children in a play area. In the foreground, a young child with curly hair is focused on coloring. To the right, another child is partially visible, also coloring. In the background, other children are playing, and there are colorful toys and equipment. The scene is bright and cheerful.

Plus Membership

- 1. BFit KIDS** (Ages 6 weeks - 10 years)
- 2. GYM ACCESS** (Ages 11-18)
- 3. FREE TRAINER ORIENTATION** (Ages 11-18)

Helping kids be fit & have fun!

BFit KIDS (6 wks - 10 yrs):

HOURS:

- Mon-Sat 8am - 12noon
- Mon-Thurs 4pm - 8pm

PRICING:

- **Plus Membership:** \$12.99/bi-weekly for all kids in household 18 & under (includes BFit Kids)
- **Daily Rate:** \$7 for 1st child, \$3 each additional child

DETAILS:

- Provides supervised play for up to 2 hrs for kids ages 6 weeks - 10 years
- Does not include feeding or changing diapers (food not permitted in BFit Kids area)

Ages 11-18:

See options on next page!



b.fit

PLUS MEMBER ACCESS

	Basketball	Pool	Weights/Cardio/ Group Classes
10 & under	<i>With Adult Supervision</i>	<i>With Adult Supervision</i>	No Access
11-13	<i>Full Access</i>	<i>With Adult Supervision</i>	<i>With Adult Supervision*</i>
14-18	<i>Full Access</i>	<i>Full Access</i>	<i>Full Access**</i>



- * Must complete complimentary trainer orientation before using weight & cardio equipment
- ** Complimentary trainer orientation recommended but not required
- Kids under age 16 may not enter gym after 10 p.m. and must exit by midnight
- Must be age 16+ to use HydroMassage, dry cold plunge, and compression therapy
- Must be age 18+ to use sauna and red light therapy

Trainer

Orientation:

Complimentary trainer orientation provided for kids 11-18 to cover fitness, gym etiquette, and correct use of weight & cardio equipment.